

Sunday Message: December 12, 2021

We Need a Little Christmas | The Hope Response | Lamentations 3:19-26

Danny Lamonte

Text-based Questions

Read Lamentations Chapter 3 personally and answer the following questions.

1

Lamentations 3:1-16 - What is the speaker saying about “he” and his life situation? How does 3:16 summarize everything the speaker has said up to this point?

2

Lamentations 3:17-18 - Discuss the key words and phrases that tell us about the state the speaker is in emotionally, mentally, physically, and spiritually. Draw from 3:1-15 for additional insight.

3

Lamentations 3:19-21 - What is the speaker’s specific prayer and what does it mean? How does the speaker’s heart flip as he turns to God with his genuine lament and acknowledgement of how he’s really feeling about life?

4

Lamentations 3:22-24 - What does the speaker recognize about the character of God after turning to God in prayer? According to the speaker, where is hope to be found?

Discipleship Questions

5 What does Lamentations 3 along with Danny's sermon teach us about lament and being truly honest about how we are feeling when working through the dark moments of our lives? Take time to lament to God first and then to others.

6 What is despondency and where does it come from? How does turning to the Lord through prayer bring us into a new perspective filled with hope? Or to state it differently, how does turning to the Lord turn us away from despair? Turn to God, bask in His character and praise Him for who He is, knowing that He is the source of your peace, happiness, and hope (Lamentations 3:17-18)

7 Lastly, reflecting on the definition and nature of hope from Danny's sermon, create a working definition of what hope is (and isn't) and discuss the practical ways we can pursue it through seeking God. How does the story of Advent and the gospel of Jesus Christ tether our hearts to hope? Ask God to fill your heart with hope and empower you to share the hope we have in Christ with others this Christmas season. God is able - we are sent!