

Life Group Leader Guide

For the week of Nov. 5, 2017

Quick Review

The big idea for Mark's sermon is – Christ is enough. According to Mark, what things keep us from making Christ enough for us? What are some ways we can make Christ enough?

As a leader you may need to take some time to help people understand the phrase “Christ is enough”. Point out things that Mark notes in her sermon such as the examples of what we find out satisfaction in.

My Story

1. Describe an event or a time in your life when you didn't want something to end because it was going so well.
2. Listen to the song “Christ is Enough” by Hillsong.
<https://www.youtube.com/watch?v=teUxQpnhezY> As you listen, take a few notes. What phrases encourage you to embrace the great truth that Christ is enough? Explore the repeated phrase “I have decided to follow Jesus, no turning back.” Today, is this phrase representative of what you think and believe?

It may be helpful to print out the words to this song or have people do a google search for the lyrics while they are listening to the song. Pick out phrases that stand out to you as a leader.

Digging Deeper – Satisfied in Christ

1. Read Colossians 1:1-8 and answer the following questions.
 - Define the “true message of the gospel”
 - How does the gospel bear fruit and grow?
 - How does the gospel bring deep and lasting satisfaction for those who receive it?

The true message of the gospel is the good news of Jesus Christ, concerning his life, death, and resurrection. It entails everything that was accomplished through Christ for our behalf. As the message of Christ spreads, so does the transformative power of God in those who it embrace it. The gospel therefore is effective and transformational. See Acts 10:36. Satisfaction is achieved in receiving the message of the gospel, which provides and enduring hope.

2. Check out the following verses. What do these verses tell us about being satisfied in God?
 - John 6:35 - Only Jesus can truly satisfy you, quenching your spiritual hungers and thirsts.
 - Psalm 16:11 – clarify of life purpose, filled with joy, and eternal blessings.
 - Psalm 22:26 – results in praise and a full heart
 - Psalm 107:9 – filled with good things

You may want to mention a few points noted above in regard to each passage. The biggest point to make that these are found in a relationship with God. Or stated differently, as a result of a relationship with God, we are satisfied accordingly.

3. Read Psalm 42:1-11 and discuss David's desire to be satisfied? What was keeping him from being satisfied and what did he do (or believe) to find satisfaction in God?

Taking it Home

1. Understanding the gospel message is central to being a Christian. How does the message of the gospel, the good news concerning Jesus, help you be on a daily basis find satisfaction in Christ?
2. If someone you love struggles to think or believe that Christ is enough, how would you help them to see that Christ is enough? What Christian beliefs/doctrines and practical steps would you offer them to embrace Christ as their all in all?

Show them that the progression of finding satisfaction in Christ. (1) union with Christ – establishing the relationship, (2) abiding in Christ by abiding in God's grace.

3. On a 3x5 card write Christ is enough in the middle of the card. Around that phrase write a few big things that stand in the way of believing that Christ is enough. Place this card in a location where you will see it throughout the week. Ask Christ to be enough and continually offer up the things that are standing in the way of being satisfied in Christ.