

## LEADER'S GUIDE 1.22.17

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### Quick Review

Marks of a Safe friend include:

1. Take the initiative, don't invade,
2. Ask questions, don't accuse
3. Tell the truth, don't deny,
4. Respond to their needs, don't run away,
5. Protect don't expose.

### My Story

"Microwaved relationship" refers to our desire to want and maintain relationships immediately with very little effort.

### Digging Deeper

Christ's death and resurrection is the grounds for reconciling us to God and each other. In him we are a new creation and the old way of living our lives (unreconciled) is gone. Therefore we are to live according to live as a new creation.

## CREATING A LIFE MAP

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### What is a life map?

A life map is used in a Life Group to show others how God has worked in your life.

A life map tracks your journey through life (birth to present day) and indicates important events that have happened along the way. Your life map will note high and low points, your spiritual journey, and life changing experiences whether good or bad.

### What events should I share on my life map?

- Events that taught you something about life.
- Events that made you feel more mature/ older/ grown up.
- Events that gave you inspiration for your future
- Events that highlight how important it is to enjoy life.
- Events, positive or negative, that caused a shift in your thinking or the way you were living.
- Events that caused pain or hardship or resulted in healing and restoration.
- Events that were exceptionally meaningful or life changing.
- Events that show how God has been working in your life.
- Events that were catalysts for your relationship with God or spiritual growth.

### **What should my life map look like?**

- Share a minimum of 10 events and a maximum of 20. Be clear about why you have chosen them
- Creatively use pictures or symbols to represent/portray each selected event.
- Label your map to identify dates and events.
- Use life map connectors or a path way to show the connection or relationship of life events.
- Include spiritual milestones or challenges (conversion, baptism, church involvement, etc.)
- Suggestions for making your Life Map. Make a power point presentation, a scrapbook, a poster, a road map, a single page timeline, a street map, a geographical map, a maze, a game. Tell your story in your own way. Be creative in telling your story - add pictures, music, video, etc.

### **How should I share my life map?**

- Have only 1 or 2 people share their Life Map per Life Group Meeting. 1 is better.
- Allow 15-20 minutes for uninterrupted sharing. No questions during this time.
- Allow 5 minutes for follow-up questions from the group following the presentation.
- Conclude with prayer for the person who shared their Life Map.
- We recommend that group leaders share their story first.