

## TAKING IT HOME

1. Is finances (money, spending) something that you pray about routinely? Or do you wait until you have a "situation" that needs immediate attention? How should you pray? What needs to be an action step for you?
  
2. Dave Ramsey recommends the following 7 practical steps to improve your financial condition: save \$1000, pay off debt, establish a 3-6 month fund, invest 15%, save for college, pay off home, and give. Looking at the list, how are you doing? What is preventing you from checking things off of this list? If you want to learn more, be sure to sign up our for Financial Peace University class starting on Sunday Jan. 22. <http://firstfreelincoln.org/financial-peace>.

SUNDAY JAN. 15, 2017

Series: "Fit For Life"

Message #2: "Becoming Financially Fit"

By: Pastor Brian Abbott

This message is available on your phone/tablet through YouVersion app. Download app. Click on "more". Then "events". Then "First Free Church".

## MESSAGE NOTES:

Three reasons why we need to talk about money:

- Money is on **your mind**.
- Money affects **everyone**.
- God cares about our attitudes and actions regarding **money**.

How will I become financially fit in 2017? (1 Tim. 6:6-10)

*Get financially fit by:*

- Learning to be **content**.
  - Learn to be content by being counter-materialistic. (Psalm 49:16-17)
  - Learn to be content by believing that **only God** can truly satisfy the longing of our hearts. (Phil. 4:11-13)
- Being warned about the dangers of **desiring** money.
  - Wanting more might get you into **trouble!** (Matt. 6:19-21)
  - Wanting more might leave you feeling **disconnected** and bring you **grief**.

Next steps toward getting financially fit:

- What is something I can do in **response** to this sermon?
- What is something I can do with the **help** of others?

## LIFE GROUP HOMEWORK:

### QUICK REVIEW

Pastor Brian talked about becoming financially fit in 2017. What key point(s) stuck out to you?

### MY STORY

1. If someone handed you \$1000 and told you that you could spend it on anything, but it had to be for yourself, how would you spend it?
2. Which of the following emotions best describe how you feel in regard to your personal finances? Fear, Anxiety, Confidence, Hope or Peace

### DIGGING DEEPER

1. Read Psalm 24:1. What would happen in the world if everyone started looking at their money and possessions as belonging to God, not themselves? What prevents us from thinking like this?

## DIGGING DEEPER (cont.)

2. Read Romans 13:8. The writer talks about two kinds of obligations. What are they? Which type is easier for us to talk about? Why? Do you think that loving one another is an "obligation"? How do you feel about that way of looking at it?
3. Proverbs is full of wisdom and advice about money. It uses strong contrasts (*wise & foolish, diligent & lazy*) that we either want to be or want to avoid. Read the following verses and talk about how the principles in each verse might help you move from where you are to where you want to be. If the language in the proverb needs to be brought into 2017, how would you do that? Do you know other proverbs that apply? Read those, too!
  - Proverbs 16:9
  - Proverbs 21:5 (Do you have a personal example of this?)
  - Proverbs 27:23
  - Proverbs 28:20
  - Hebrews 12:11 (a NT proverb!)