

# Life Group Leader Information

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For the week of November 6, 2016

## Things to Remember:

ATTENDANCE: Take attendance and report this to the office <http://www.firstfreelifegroups.org/>

\*\*This week wraps up the “Overcoming Obstacles” study. For the two weeks after that, Mark will return to 1 Thessalonians. The homework writing team has decided to write an 11<sup>th</sup> week of homework to allow you a “clean” stopping point for this session.

## Topic:

SERMON SERIES: Overcoming Obstacles that Trip You Up

MESSAGE #4: Remaining Positive When Everyone Else is Negative (Mark Brunott)

PASSAGE TO STUDY: 2 Kings 11-12

## Goals for the Evening:

- To find passages that encourage your group to remain positive... no matter what everyone else is doing!
- To work through the Life Group Homework questions.
- To give opportunity for the group to share about upcoming challenges and receive support from the group
- To provide a safe/comfortable environment for members

## The Meeting:

- Review prayer requests and inquire of any updates.
  - Within the study questions below you will find additional questions, suggested follow-up questions, and additional word and verse studies. [These are in a different text color.](#) Your participants will not have seen this material prior to your group. Use this as you see fit, if you feel it benefits your group.
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# Life Group Leader Guide

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Remaining Positive When Everyone Else Around You Seems so Negative: Week of November 6, 2016

Quick Review:

- Complete the sentence in your own words: “For me, personally, the highlight of this series on overcoming obstacles has been...”

My Story:

- When you are faced with a new situation or challenge, do you usually see the positives or the negatives? Can you think of an example where you were proved to be totally right? (Or totally wrong?)
- How do you react when faced with something you feel totally unqualified to do?
- Who is the peacemaker in your family? How does he/she do it?

Digging Deeper:

1. Read Joshua 1:1-9
  - In what situation did Joshua find himself?
  - What repeated instruction did God give to Joshua? Why might God have repeated these instructions?
  - In verse 9, God gives the same command to Joshua again, but he also told Joshua to resist two things. Where were they?
  - How does it make you feel when someone tells you to feel or to not feel a certain way?
2. Take a look at the following verses. How do these verses encourage us to have a “strong and courageous” positive attitude?
  - 1 Samuel 30:6 (How do you think David found strength in the Lord?)
  - Isaiah 26:3

(Our peace is linked directly to what we think. We are plugged into this world like no group of Christians has ever been. We are completely (and overly) connected. How does this affect our peace?)

- Philippians 4:6-8
- Hebrews 13:6
- What are the mindsets that these verses encourage? How can these verses become part of our plan to have a positive mindset?

## Taking it Home:

1. What is one challenge that you are facing this week or in the near future about which you have trouble thinking positively? How can your group support you?
2. End your time together in prayer. Use these verses to prayer for yourself and one another:
  - Psalm 19:14 Let the words of my mouth and the meditation of my heart, be acceptable in Thy sight, O Lord, my strength, and my Redeemer.
  - Psalm 139:23,24 Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting.