

TAKING IT HOME

1. What is one challenge that you are facing this week or in the near future about which you have trouble thinking positively? How can your Life Group support you?

2. End your time together in prayer. Use these verses to prayer for yourself and one another:

- Psalm 19:14 - Let the words of my mouth and the meditation of my heart, be acceptable in Thy sight, O Lord, my strength, and my Redeemer.
- Psalm 139:23, 24 - Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting.

SUNDAY NOV. 6, 2016

Series: "Overcoming Obstacles That Trip You Up"

Message #4: "Remaining Positive When Everyone Else Is Negative"

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MESSAGE NOTES:

How to break free from negative influence of your environment:

- Purposefully **choose** who you associate with.
- Live with **integrity**.
- Don't give in or **quit**.

Joash's story (2 Kings 11:1-3)

How to respond when being tested in the following environments:

- In a tempting environment, **stay away**.
- In an authoritative environment, **show respect**.
- In a work environment, stand up for what is **right**.
- In suffering, **seek God**.

LIFE GROUP HOMEWORK:

QUICK REVIEW

Complete the following sentence in your own words: "For me, personally, the highlight of this series on overcoming obstacles has been..."

MY STORY

1. When you are faced with a new situation or challenge, do you usually see the positives or the negatives? Can you think of an example where you were proved to be totally right? (Or totally wrong?)
2. How do you react when faced with something you feel totally unqualified to do?
3. Who is the peacemaker in your family? How does he/she do it?

DIGGING DEEPER

1. Read Joshua 1:1-9
 - In what situation did Joshua find himself?
 - What repeated instruction did God give to Joshua? Why might God have repeated these instructions?
 - In verse 9, God gives the same command to Joshua again, but he also told Joshua to resist two things. Where were they?
 - How does it make you feel when someone tells you to feel or to not feel a certain way?
2. Take a look at the following verses. How do these verses encourage us to have a "strong and courageous" positive attitude?
 - 1 Samuel 30:6
(How do you think David found strength in the Lord?)
 - Isaiah 26:3
 - Philippians 4:6-8
 - Hebrews 13:6

What are the mindsets that these verses encourage? How can these verses become part of our plan to have a positive mindset?