

# Finding HOPE

when life throws you a curveball



**SUNDAY MESSAGE NOTES** – September 4, 2016

Series: "How to Find Hope When Life Throws You a Curveball" / 1 Thess.

Message #1: "How Should You Respond When Thrown a Curveball?"

By Mark Brunott

## 1. An interview with Paul, The Apostle.

Paul's purposes for writing this letter to the Christians in Thessalonica:

- To tell them he was **praying** for them.
- To encourage them to share the **Good News**.
- To let them know his motives were **pure**.
- To provide **basic** instructions on how to treat each another.

## 2. How should you respond when thrown a curveball?

- Reassess the situation from **God's perspective**.
- Harbor an attitude of **gratitude**.
- Look to others for **support**.
- Anchor yourself to the **future**.
- Build your life on the right **foundation**.

## 3. Stop living your life **backwards**.